

The Crusade

July 2024

Ross County Advocacy Newsletter

Crusader News

On June 13th, Advocate Austin Speakman led the virtual meeting by introducing himself and welcoming everyone to the meeting. After this Advocate Brice Coey introduced himself and went over the meeting notes for the last in person meeting in May.

The remaining advocates in attendance, Noah Hiles and Anthony Mustard, introduced themselves and went over their special projects. These projects included Special Olympics recruitment and starting a mental health peer to peer support group.

Advocate Austin Speakman carried on with the meeting by introducing SSA's Tiffany Steiner and Amanda Collins. These two individuals spoke about what being an SSA entails. They covered things such as the rewarding parts of being an SSA as well as the challenges they face. They answered the questions of those in attendance regarding being an SSA.

Austin Speakman then went over the Crusade for Change in which he opens the floor for others to share any moment over the month in which individuals in attendance may have

felt mistreated due to or struggled because of their disability. Events were discussed.

On June 27th, Advocate Austin Speakman started the meeting by introducing himself and welcoming everyone in attendance to the meeting. Austin then asked Advocate Brice Coey to go over what occurred during the last virtual meeting which took place on June 13th.

Austin Speakman then asked the other advocates to introduce themselves. Anthony Mustard, Conor McMahon and Noah Hiles did so respectively. As a game to open the meeting those in attendance at the meeting were asked to get in pairs and discuss what they've been doing to keep cool.

After some time for discussion amongst the pairs Austin went around the room and asked those pairs to share their answers with the larger group of attendees.

Special Guest and Executive Director of the Ross County Park District, Myranda Vance, was then asked to speak. Myranda Vance spoke about many of the services available at the parks of Ross County. Some of these include a brand-new accessible trail in Kinnikinnick as well as a special wheelchair that can be requested in advance at any of the parks run by the Ross County Park District. She continued to answer questions about the parks before ending that discussion.

Austin then introduced the 2nd special guest speaker Virginia Taylor. Virginia Taylor spoke on how she advocates

for herself and about her business. She spoke on advocating to move away from a toxic environment. She gave out bracelets and discussed her passion for making and selling these bracelets.

After this was the Crusade for Change section of the meeting. Advocate Austin Speakman asked if anyone had an instance since the last meeting in which they struggled because of or felt treated differently due to their disability. Some of these events were discussed.

You can follow the Capital City Crusaders on Facebook at:

<https://www.facebook.com/share/mD9MMveNnzcjDNc3/?mibextid=qi2Omg>

Sports News

In July the MLS Unified All-Star Game will take place on 7/23 at 3:30 at the Historic Crew Stadium. Good luck to all involved!

Registration for the 2024 Pioneer Center Golf Outing is open! The outing is Friday, September 6th at Jaycee's Golf Course.

In the News

State Fair News

This is copied from OSU. It's exciting news about the state fair.

“We are so excited to launch the inaugural Fair 4 All!

We welcome Jr. Fair eligible youth (age 8-18 as of January 1, 2024) with disabilities to pre-register to show a fellow Jr. Fair exhibitor's large animal (sheep, goat, or beef project) on Sunday, August 4 from 12:00 pm to 1:30 pm. On-site check-in will begin at 12:00 pm and the event will begin at 12:15 pm. Helpers will be available for hands-on assistance. Participant's parent/guardian/caregiver must be present at all times. Individuals not pre-registered will be permitted to participate as time allows.

Register by August 1st!

Questions? Contact Dan Riddle via email:
dan.riddle@huntsmen.org or Lacey Derexson,
lderexson@rossdd.org”

New Podcast

The Disability Advocast is out on Spotify! Search for this to hear interesting interviews with people who work in the DD field. This month there are 2 interviews, with Hunter Robinson and with Lacey Derexson.

July Knect Calendar

July 2024



****Outings Limited to 4 individuals so please RSVP as soon as possible.**

Sunday	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	Saturday
	1 Casino (Eddie) 11am - 4pm Hillbilly Hotdogs & The Moth Man 9am - 2pm	2 Tecumseh 5pm - 10pm \$25.00	3 Paints Game (Double Header) 5pm - 10pm FREE Crew Game (Soccer) 7:30 Game \$30.00	4 	5 Clippers 7:05 Game - FREE (Football Bowling) Buckeye Raceway 2pm - 7pm - FREE	6 WWE PPV at Shawnee Lanes TBD
7 Reds Game (Victoria) <i>Pre-scheduled</i>	8 Reds Game 7:10 Game- Rockies \$30.00 Paints Game 6pm - 10pm FREE	9 Top Golf TBD - FREE	10 City Pool & Cookout 12pm - 5pm \$5.00	11 Zoombezi Bay 10:30 - 3:30 \$20.00	12 Breakfast and Good Guys Car Show 9am - 2pm \$15.00	13 <i>Pre-scheduled</i> Luke Bryan (Riverbend) \$30.00 Reds Game 4:10 Game - Marlins \$30.00
14 Paints Game 6pm - 10pm FREE	15 Hyperbowling 12pm - 5pm - FREE City Pool & Cookout 2pm - 7pm	16 Zoombezi Bay 10:30 - 3:30 \$20.00 Top Golf TBD - FREE	17 Hyperbowling 12pm - 5pm - FREE Exploring Downtown 4pm - 9pm	18 Paints Game 6pm - 10pm -FREE Demonlition Derby (Washington Courthouse) 6pm - 11pm - \$20.00	19 Tecumseh 5pm - 10pm \$25.00 Bowling 4pm - 9pm FREE	20 Paints Game 6pm - 10pm FREE Dogwood Pass 4pm - 9pm FREE
21 Paints Game (Virgil) (Double Header) 5pm - 10pm FREE	22 Movies (Twister) TBA - FREE Hyper bowling 12pm - 5pm FREE	23 Top Golf TBD - FREE City Pool & Cookout 11am - 4pm - \$5.00	24 Paints Game 7:30 Game - FREE Ohio State Fair 4pm - 9pm FREE	25 Alabama (Ohio State Fair) 6pm - 11pm \$35.00	26 Fayette County Fair Boys & Bulls Rodeo 5pm - 10pm FREE	27 Movies (DeadPool) TBA - FREE Atomic Speedway 6pm - 11pm FREE
28 Fayette County Fair Motorcross 5pm - 10pm -FREE Movies (Twister) TBA -FREE	29 Paints Game 7:30 Game \$30.00 Movies (DeadPool) TBA -FREE	30 Game Night 3:30pm - 8:30pm FREE Movies (Deadpool) TBA -FREE	31 Pioneer Pool Party 6:30pm - 9:30pm FREE Gabriel "Fluffy" Iglesias (Ohio State Fair) 6pm - 11pm \$30			

Health and Wellness

With summer upon us it's important to remember some information on drowning:

Drowning Prevention

CDC's Injury Center Uses Data and Research to Save Lives

Each year

4,000 people

die from **drowning**
in the United States

Drowning injuries can also
cause brain damage and other
serious outcomes, including

long-term disability

Injuries and deaths from drowning
cost the United States

\$53B in 2020

**Drowning
is preventable**

Together, we can
implement solutions



Our Mission

CDC is uniquely positioned to lead data-driven drowning prevention strategies, focusing on groups at increased risk of drowning

Some groups have a higher risk of drowning

Limited access to basic swimming and water safety training may contribute to disparities.

- For people younger than age 30, drowning rates among **Black** people were **1.5x higher** and among **American Indian** and **Alaska Native** people were **2x higher** than White people
- Drowning is a leading cause of death among **children 1-4 years of age**
- Deaths among persons with **autism spectrum disorder** were nearly **40x as likely** to be caused by drowning as deaths in the general population ([Injury mortality in individuals with autism, AJPH](#))

CDC Works with Partners to



Collect **drowning data** to understand risk and protective factors



Implement and evaluate **drowning prevention strategies**



Pilot and evaluate **water safety programs** with organizations like the American Red Cross and YMCA



Support the **U.S. National Water Safety Action Plan** to reduce drowning



Support the **CDC Healthy and Safe Swimming Program** and the Model Aquatic Health Code

CDC Addresses Disparities by

- **Analyzing data**, tracking trends, and identifying groups at higher risk
- **Understanding the factors** that drive disparities in drowning risk
- **Evaluating programs that teach children** who are at increased risk of drowning basic swimming and water



Get to know...



Hi, my name is Hunter Robinson! I'm 26 years old! I'm a long time Prep cook here at roosters in Chillicothe! I am the first ever board member with a disability who is served by the Ross County Board of DD! I'm the Director/founder of our local vlog called **The Handi-capable kitchen.**

The things I'm passionate about are cooking and being out in the community for events and doing all things advocacy and spending time with friends and family!

We are always looking for articles for this newsletter, if you want to add your birthday to the calendar, or if you'd like me to research and put information into the newsletter. You can contact me through email at bcoey@rossdd.org.